



## CERVICAL CANCER AWARENESS MONTH



January is Cervical Cancer Awareness Month – an entire month dedicated to raising awareness about cervical cancer and encourage women to get screened.

# NEWSLETTER

**Compiled by: Cerba Lancet Kenya** 



Over 80% of men and women are infected at some time in their sexual life.



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According to the World Health Organization (WHO), it is estimated that there are over 500,000 new cases of cervical cancer (CCU) per year worldwide, and over 300 000 deaths. It is one of the major causes of cancer mortality in women in developing countries.

### **HPV & CERVICAL CANCER**

The persistence of the infection caused by one or several of the so-called high-risk Human Papillomavirus (HPVHR), namely the HPV: 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66 and 68), associated with behavioral or host-related cofactors, is necessary for CC to develop.

These small naked DNA viruses are very resistant and very contagious. The infection is usually quickly self-limiting, but the persistence of high-risk HPV within the epithelium, particularly HPV16, is responsible for a course leading to cervical cancer, but also other ENT cancersthose of the ano-genital tract. HPV 16 and HPV 18 alone are responsible for 80% of CCs and 60% of pre-cancerous lesions in France.

How are we Doing?

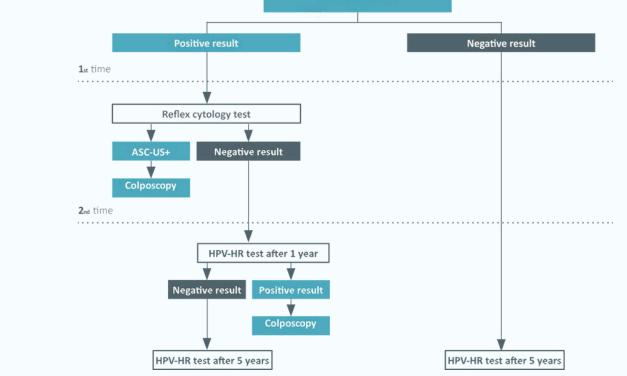
We value your opinion and would love to hear about your experience. Do you have 2 minutes?



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**HPV-HR test** 





- The vaginal self-swab is validated for screening for HPVHR provided that the test is performed using a PCR technique. It is recommended as an alternative for extending screening to women who are not screened or not frequently screened. It does not allow a cytological examination to be performed on the same sample.
- Screening of urine is not recommended while assessment of its performance is pending. In addition the HPV test is now recommended in the post-therapeutic monitoring of precancerous lesions of the cervix.

References: (CNIB, September 2019, https://www.e-cancer.fr/Expertises-et-publications/Catalogue-des publications/Synthese-Surveillance- post-therapeutique-des-lesions-precancereuses-du-col-de-l-uterus)

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#### **IN PRACTICE HPV TESTS**



| HPV Tests  | Media Required   | Cytology media<br>accepted  |
|--|--|---|
| HPV test secondary to<br>ASCUS cytology, performed<br>on the cytology sample or on<br>a dedicated sample | - Cytology media ThinPrep<br>(Hologic), Surepath(BD)<br>-Dedicated transport medium Cobas<br>PCR cell<br>(Roche)   | - EasyFix (WWR),<br>- CytAll<br>(Alphapath),<br>- Novaprep<br>(Novacyt) |
| HPV secondary to ASCUS<br>cytology, performed on the<br>cytology sample or on a<br>dedicated sample      |  |   |
| HPV test in post-treatment monitoring  |  |   |
| HPV primary screening test<br>with secondary cytological<br>examination                                  | Uterine cervical smear perserved in<br>Thinprep medium (Hologic)   |   |
| HPV primary screening test<br>without secondary<br>cytological examination                               | Uterine cervical smear perserved in<br>dedicated transport medium Cobas<br>PCR Cell Collection medium (Roche)  |   |
| HPV control test after 1 year<br>(without secondary  | Uterine cervical smear preserved in<br>dedicated transport medium Cobas<br>PCR Cell Collection medium (Roche)  |   |
| HPV test on vaginal self<br>swab   | Cytobrush or vaginal swab in<br>dedicated transport medium Cobas<br>PCR Cell Collection medium (Roche)<br>Contact us to find out about other<br>possible sampling methods. |   |

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